

**CARBERY RANGERS GAA**



**JUVENILE  
DEVELOPMENT  
STRUCTURES FOR  
UNDERAGE ACTIVITIES  
OF  
CARBERY RANGERS  
GAA CLUB**





# **Carbery Rangers GAA Club** **(Cumann Luthchleas Gael)**



[www.carberrangers.ie](http://www.carberrangers.ie)

## **JUVENILE DEVELOPMENT STRUCTURES FOR UNDERAGE ACTIVITIES OF CARBERY RANGERS GAA CLUB**

### **Introduction**

The intent of this document is to communicate to our members the plans, Carbery Rangers GAA Club, has in bringing a structure to all underage sections of the club.

The Document is not just for coaches, players and parents, but administration personnel must also understand that their roles are just as important to the success of the club and the teams that are playing for the club.

- By accepting what is in this Paper, you are agreeing to the structures that the club is putting in place for all its Juvenile members, be they players, mentors or volunteers.

Carbery Rangers is privileged to be associated with the best Amateur Organisation, in the world. Since the birth of the organisation the GAA has been built around “The Club”. We all know the saying “The Club is the cornerstone of the GAA”. In its 125 year history that saying has been central to all decision, strategic or operational, the GAA has ever made. It (The GAA) has depended on grassroots members to actively engage and participate in all matters dealing with the GAA.

The GAA and its website ([www.gaa.ie](http://www.gaa.ie)) has much of the said material available, and what we need to be doing is ensuring that these structures are put in place in the club from the very young players of Academy all the way up to Senior club level, and even beyond that by ensuring we continue to provide the Club with top players, be they for Football or Hurling.

Like the GAA, Carbery Rangers, over the last number of years, has changed a lot in that time. The club now boasts over 20 teams at all levels, has a two fine facilities and is catering for large numbers in both hurling & football.

With growth and change come challenges, none more so than an organisation that depends totally on the time given up by people to volunteer for a club. To run an organisation such as Carbery Rangers we need as many volunteers as possible. In the Juvenile section of the club most of these volunteers come in as parents of children who have decided to play with the club.

We are challenged in the cost of running our games and also that there are more choices than ever for children to play different sports, and the days of GAA games being the only option open to them is no longer the case.

We cannot depend on hopes and aspirations that kids will make the choice to play our games, we have to give people something more than that to ensure that they will come play with the club, but also, and more important, that kids and adults alike will “want” to play for the club. This document gives an outline to what Carbery Rangers GAA Club intends on achieving over the next number of years. Our juvenile players are the future of the club, creating the structures to develop these players into some of the best senior players is what we should be about. *It is not about a short term gain of winning an underage league tournament, or even and under age championship. It should be about developing as many players for Carbery Rangers to continue the great success of this club, and even to achieve further success for beyond its current records of achievements.*

The GAA has a development plan “Towards 2016” - The GAA Strategic Vision and Action Plan 2009-2015. Its vision is “that everybody has the opportunity to be welcomed to take part in our games and culture, to participate fully, to grow and develop and to be inspired to keep a lifelong engagement with our Association.”

Much of what is documented in this plan has already been produced by the GAA. By adopting this GAA plan for Carbery Rangers Juvenile club, by 2016 we will be looking back on the challenges that were put in front of us and saying we were able to make a difference.

***Full Code of Ethics for Carbery Rangers GAA Club is available on our website along with both Individual & Family membership forms; [www.carberyrangersonline.ie](http://www.carberyrangersonline.ie)***

**[www.carberyrangersonline.ie](http://www.carberyrangersonline.ie)**



## **Carbery Rangers GAA Club** **(Cumann Luthchleas Gael)**



### **Mission, Goals, Objectives & Structures.**

#### **Juvenile Mission Statement**

Carbery Rangers GAA Club will foster a love of Gaelic games, through fun, fair-play, discipline and respect for all.

#### **Aims, Values and Beliefs**

To provide the opportunity and encouragement for each child to enjoy Gaelic games in a safe positive learning environment, with the promotion of the values of fairness, mutual respect, courtesy and tolerance of others. Special effort will be provided to foster self-discipline, enjoyment, physical fitness and high standards of skill which will enable each child to mature into excellent all round players with a love for sport and Gaelic games.

The Club juvenile section aims to maintain and enhance its position in Rosscarbery, and its surrounding area, as a pre-eminent, community-based, sporting organisation. In promoting its games, the club will continue to build on, and develop, an ethos of local identity and a sense of lifelong belonging. Every member will be treated with the same esteem and respect.

The Club juvenile section will promote a family parish spirit, where each member will pride themselves with belonging to the family and each member will make every reasonable step to support and promote the club activities in the most positive light.

#### **Juvenile Goals**

1. To recruit, develop and improve mentor and player technical skill level, to ensure all juvenile teams are capable of competing in championships up to U16 level.
2. Increase the awareness of Carbery Rangers GAA club amongst adults and children in the community and to get these people to participate in the playing/coaching of our games and to actively support the non-playing activities of the club. .
  - a. Provide a constant stream of players to club senior panels.
  - b. Ensuring full enjoyment for all participants.
3. Maintain a strong juvenile structure whereby the said team management can feedback all activities involving a juvenile player, participation and welfare.
4. Recruit and encourage Juvenile players to participate in Referees Training Programmes
5. The juvenile structure personnel to have direct representation on the executive committee to report on developments and requirements at underage level.

[www.carberyrangers.ie](http://www.carberyrangers.ie)



## **Carbery Rangers GAA Club** **(Cumann Luthchleas Gael)**



### Juvenile Objectives

1. Formalize a structure for coaching juveniles from U 6 to U16 age group, by:
  - a. Implementing clear templates for coaching
  - b. Ensuring best practice coaching
  - c. Setting building blocks in place to ensure best preparation for teams
  - d. Ensuring full participation of all players
  - e. Putting player ability and development over winning at all cost.
2. Adopt GAA club coaching strategy vision and action plan.
3. Increase juvenile player membership each year over the next 10 years, which will increase our club team base during that period.
4. Increase the number of mentors in the club to support Juvenile teams, with a 10% increase per annum in volunteers over the next 3 years.
5. All players to develop advanced levels of football abilities, within the required stages of their development. This will be done thru" the coaching of basic skills of our games with an understanding that each player knows how to support and play for their teams.
6. Increase communication between coaches, players and parents.
7. Provide adequate and most advanced training and playing equipment through self-fund raising and sponsorship deals.
8. Coaches to prepare training program in advance of session and to continue to vary. This includes pre consultation with fellow coaches and Involvement of Senior Players.

### Participation Conditions

- Parents must be present and be prepared to help out all mentors when requested to do so.
- Children must be paid up members and preferably full family members
- Children must be encouraged to wear club jersey, shorts & socks at all training & matches. (These should be available to buy from the club)
- All juveniles to wear club attire at all matches including tops or tracksuits to match. (These should be available to buy from the club)
- All mentors to wear club attire at coaching and matches.
- Parents to provide a rotation system for transporting all teams to/from matches.
- ***Gum Shields are to be worn at ALL times, during Training & Playing Activities.***
- ***Parents to ensure that their child is provided with the appropriate Gum Shields.***

[www.carberrangers.ie](http://www.carberrangers.ie)



# **Carbery Rangers GAA Club** **(Cumann Luthchleas Gael)**



## **Code of Ethics & Good Practice**

### **For** **SPORT for YOUNG PEOPLE** **in** **Carbery Rangers GAA Club.**

#### **Note:**

This document is a guideline of the Club's Code of Ethics & Good Practice.  
The full Code of Ethics & Good Practice document can be obtained from the following:

- Child Welfare Officer
- Senior Club Officer
- Carbery Rangers GAA Club Website

#### **Guidelines for Young People;**

Carbery Rangers GAA Club wishes to provide the best possible environment for all young people involved in the sport. Young people deserve to be given enjoyable, safe sporting opportunities, free of abuse of any kind. These participants have rights, which must be respected, and responsibilities that they must accept. Young people should be encouraged to realise that they have responsibilities to treat other participants and sports leaders with fairness and respect.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

[www.carberrangers.ie](http://www.carberrangers.ie)





## **Carbery Rangers GAA Club** **(Cumann Luthchleas Gael)**



### **Guidelines for Parents and Guardians:**

Carbery Rangers GAA Club believes that parents should

- Be a role model for your child and maintain the highest standards of conduct when interacting with children, other parents, with officials and organisers
- Always behave responsibly and do not seek to unfairly affect the game / player
- Never intentionally expose any young participant to embarrassment or disparagement by the use of flippant or sarcastic remarks
- Always recognise the value and importance of the volunteers who provide sporting/recreational opportunities for your child. Do not publicly question the judgement or honesty of referees, coaches or organisers. Respect referees, coaches, organisers and other players. (shake hands after each game)
- Encourage your child to play by the rules. Teach your child that honest endeavour is as important as winning and do all you can to encourage good sportsmanship.
- Set a good example by applauding good play on both sides. Encourage mutual respect for teammates and opponents, (shake hands after each game)
- Parents should support all efforts to remove abusive behaviour and bullying behaviour in all its forms.

**It is expected that parents of children in the Academy (under 6's, 8's & 10's) remain on the premises during Saturday morning training, if not in a position to do so they must collect children immediately after each training session or match.**

**[www.carberrangers.ie](http://www.carberrangers.ie)**



**Carbery Rangers GAA Club**  
**(Cumann Luthchleas Gael)**



***Parents and Guardians Code of Conduct:***

1. I will respect the rules and procedures set down in Carbery Rangers GAA Club's Code of Ethics for Children in Sport.
2. I will respect my child's teammates, leaders, (e.g. coaches, officials, club officials), and parents, as well as players, parents and coaches from opposing teams. I will encourage my child to treat other participants, coaches, selectors, and managers with respect.
3. I will give encouragement and applaud only positive accomplishments whether from my child, his teammates, their opponents or the officials.
4. I will respect my child's leader(s) and support his efforts
5. I will respect the officials and their authority during sessions and events
6. I will never demonstrate threatening or abusive behaviour or use foul language.
7. I will refrain from smoking while on playing pitches.
8. I will grant Carbery Rangers consent for taking and publication of photographic images to be used by the club.

**Name:** \_\_\_\_\_

**Date** \_\_\_\_\_

[www.carberrangers.ie](http://www.carberrangers.ie)





## **Carbery Rangers GAA Club**



**(Cumann Luthchleas Gael)**

### **Guidelines for Sports Leaders;**

Leaders in children's sport should strive to create a positive environment for the children in their care. They have an overall responsibility to take the necessary steps to ensure that positive and healthy experiences are provided. They must set realistic goals for the participants and not push young players. The aim is to create a safe and enjoyable environment

- Carbery Rangers GAA Club recognises the key role leaders (coaches, selectors and team managers, etc.) play in the lives of children in sport.
- All Leaders should have as their first priority the children's safety and enjoyment of the sport and should adhere to the guidelines and regulations set out in the club's Code of Ethics. Leaders must respect the rights, dignity and worth of every child and must treat everyone equally, regardless of sex, ethnic origin, religion or ability.
- Leaders working with young people in Gaelic football & hurling should be suitable and appropriately qualified. Leaders will be expected to go through appropriate recruitment and/or selection procedures. References will be needed and may be followed up. There will be a „sign-up“ procedure, whereby the appointed/reappointed leaders agree to abide by the *Code of Ethics and Good Practice for Children in Sport* and to the policies and code of the club. Leaders will be given access to a copy of the club's code of ethics and they should be made aware of the procedures contained within the club's code.

[www.carberrangers.ie](http://www.carberrangers.ie)



## **Carbery Rangers GAA Club**



### **(Cumann Luthchleas Gael)**

All Sports Leaders who work with children, young people or vulnerable adults should have appropriate child awareness training and be vetted through the Garda Vetting Unit which is co-ordinated by County Boards via the National Children's Office in Croke Park. All applicants will be required to complete Garda Vetting checks, prior to the commencement of their role(s) with young people in the Association.

- Once appointed the Leader must act as a role model and promote the positive aspects of sport and of Gaelic football and hurling and maintain the highest standards of personal conduct.
- The use of drugs, alcohol and tobacco must be actively discouraged as being incompatible with a healthy approach to sporting activity. Leaders should avoid the use of alcohol, before coaching, during events, on trips with young players
- Leader's behaviour to players, other officials, and opponents will have an effect on the players in your care. Encourage the development of respect for opponents, officials, selectors and other coaches.
- Be generous with praise and never ridicule or shout at players for making mistakes or for losing a game. All young players are entitled to respect. Be careful to avoid the "star system". Each child deserves equal time and attention.
- Care must be taken not to expose a child intentionally or unintentionally to embarrassment or disparagement by use of sarcastic or flippant remarks about the child or his family.
- Physical punishment or physical force must never be used. Insist that players respect the rules of the game. Insist on fair play and ensure players are aware that cheating or bullying behaviour will not be tolerated.
- Leaders are responsible for setting and monitoring the boundaries between a working relationship and friendship with players.
- Avoid working alone and ensure there is adequate supervision for **all** activities.

[www.carberrangers.ie](http://www.carberrangers.ie)



**Carbery Rangers GAA Club**  
**(Cumann Luthchleas Gael)**



**Leader's / Coaches Code of Conduct:**

Leaders / Coaches should familiarise themselves with the *Code of Ethics and Good Practice for Children's Sport* and with the Carbery Rangers GAA Club Code of Conduct and follow the procedures if they suspect or receive complaints of abuse of any sort

*Leaders should be*

- Positive during session, praise and encourage effort as well as results
- Plan and prepare appropriately
- Put welfare of young person first, strike a balance between this and winning / results
- Encourage fair play, treat participants equally
- Recognise developmental needs
- Qualified and up-to-date with knowledge and skill of sport for young people
- Involve parents where possible and inform parents when problems arise
- Keep record of attendance at training
- Keep a brief record of injury(s) and action taken
- Keep a brief record of problem/action/outcomes, if behavioural problems arise,

I have read and agree to abide by the guidelines

\_\_\_\_\_ (Name) \_\_\_\_\_ (Date)

\_\_\_\_\_ (Signed) \_\_\_\_\_ (Date)

\_\_\_\_\_ (Team)

[www.carberrangers.ie](http://www.carberrangers.ie)



**Carbery Rangers GAA Club**  
**(Cumann Luthchleas Gael)**



**Contact names:**

**Club Chairman** – Michael Connelly – 086-2583773.

**Club Secretary** – Liam O Shea – 086-4082253.

**Club Treasurer** – Robert Creedon – 087-9902268.

**Club PRO** – Sean Hayes – 087-9671372.

**Juvenile Development Officer** – Kevin Santry -086-2672288.

**Child Protection Officer** – Stephen Murray – 087-9000602.

The Code of Ethic guidelines in this document are based on the national guidelines as outlined in the following documents

Code of Ethics and Good Practice for Children's Sport, Irish Sports Council, 2000.

Children First: National Guidelines for the Protection and Welfare of Children, Dept. of Health & Children 1999

Our Duty to Care, Dept. of Health & Children 2002

Code of Best Practice for Youth Sport Cumann Lúthchleas Gael.

*“Carbery Rangers would like to express its gratitude to the coaches, mentors and volunteers who already give up their time in supporting the Club”*

[www.carberyrangers.ie](http://www.carberyrangers.ie)



**Carbery Rangers GAA Club**  
**(Cumann Luthchleas Gael)**



I have read and agree to abide by the guidelines of the Code of Ethics and the Juvenile Development Plan

\_\_\_\_\_ (Name)

\_\_\_\_\_ (Signed)

\_\_\_\_\_ (Date)

\_\_\_\_\_ (Role)

\_\_\_\_\_ (Team)

*The Full Code of Ethics for Juvenile Development structures for Underage Activities of Carbery Rangers GAA Club is available on our web site [www.carberyrangers.ie](http://www.carberyrangers.ie)*